# 性侵害犯罪/再犯處遇架構 —— 風險評估與心理治療——

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## 什麼是人:個人的「發展」

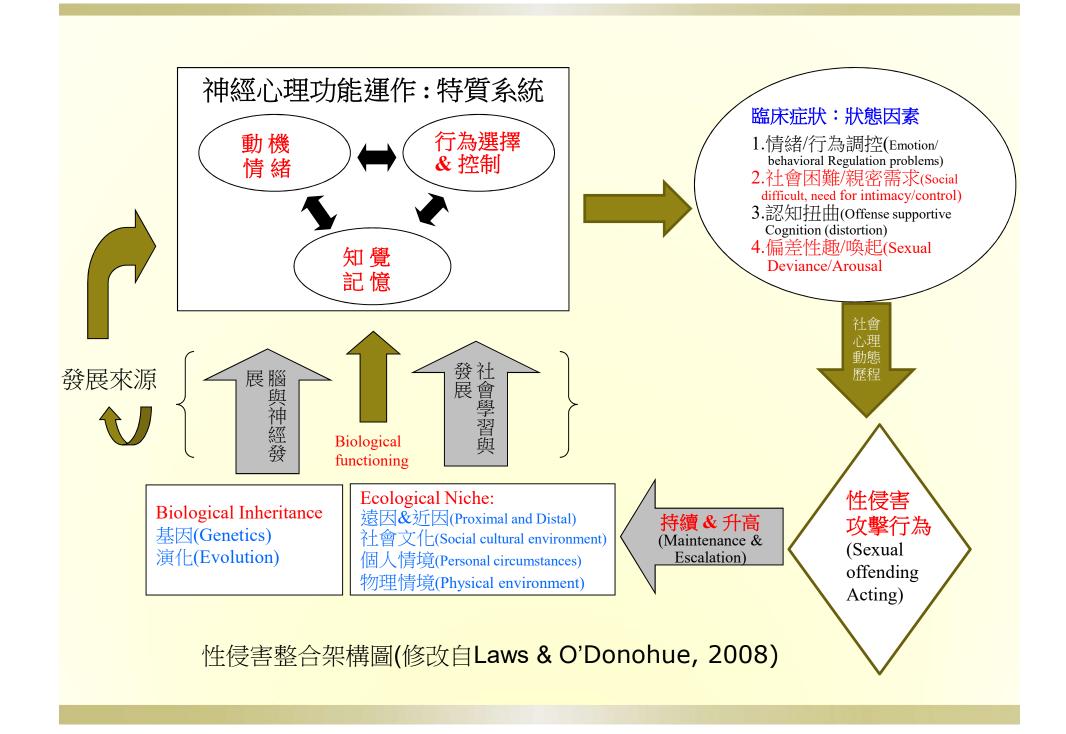
\* 由心理學引申的「改變」可能概念:學習與發展

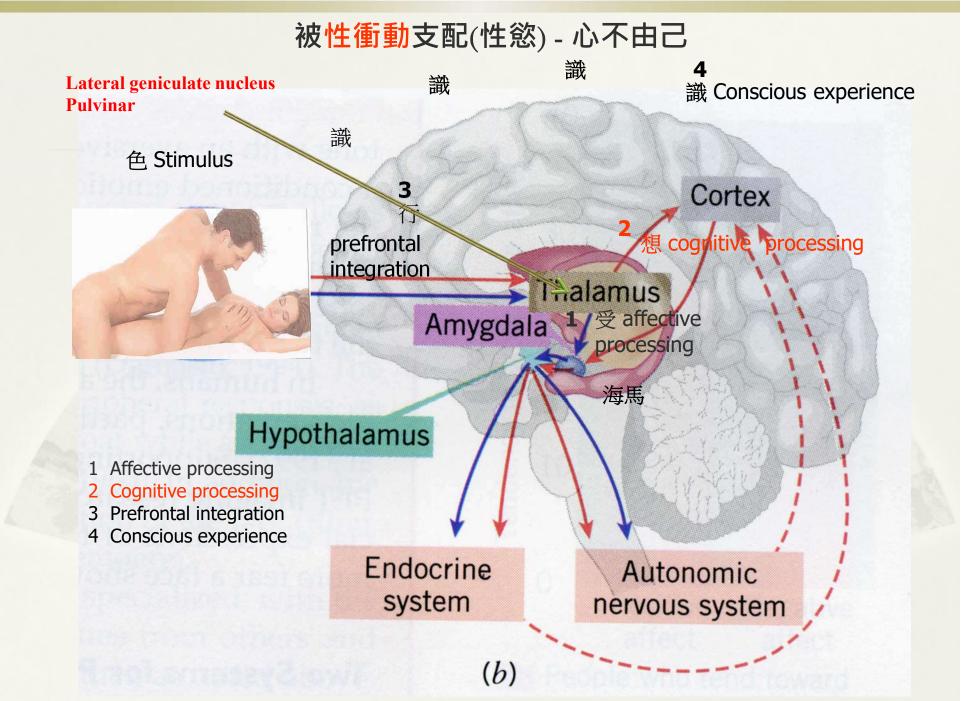
\* 學習心理學:個人與環境間互動的改變

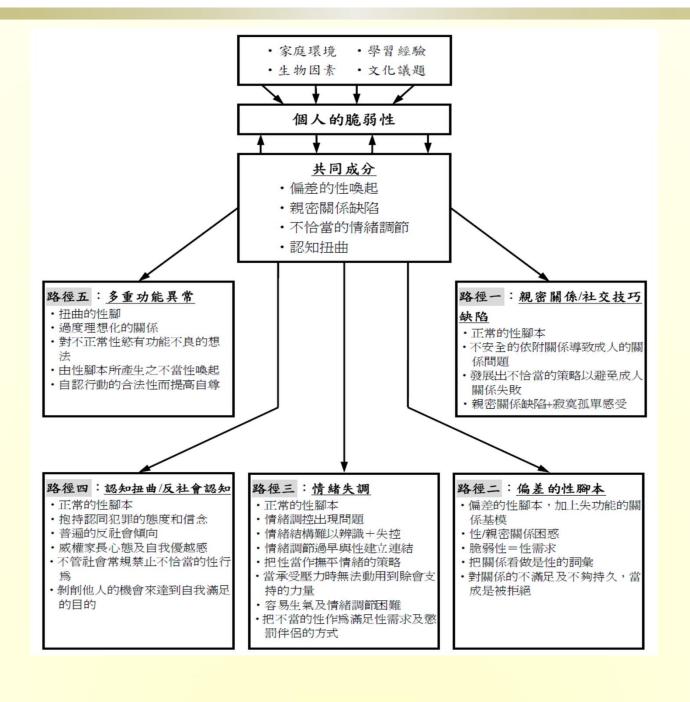
\* 發展心理學:個人隨時間的所造成的秩序性改變



生態環境







	STATIC-99/2002	Static risk factor SORAG			Dynamic risk factor assessments Beech Deviancy STABLE 2007		
Stable dynamic actors	(Hanson and Thornton, 2000)	(Quinsey et al., 1998)	SVR-20 (Boer et al., 1997)	Risk Matrix 2000/S (Thornton et al., 2003)	Classification (Beechet al., 1998/2002)	(Hanson et al., 2007)	SRA (Thornton, 2002)
Sexual interests	Non-contact sexual offence	Deviant sexual preference	Deviant sexual preference	Sexual appearances	Sexually obsessed	Sexual preoccupation/sex drive	Sexual preoccupation (obsession)
	Unrelated victim	Prior sexual convictions	High frequency sex offences Multiple sexual offences Escalation of sexual offences	Sexual offences against a male	Sex deviance patterns (child molestation) marked	Sex as a coping strategy	Sexual preference for children
	Stranger victim			Non-contact sexual offences Stranger victim		Deviant sexual interests	Sexualized violence
	Prior sex offence					interests	Other offence-related sexual interests (fetish)
	Sentencing occasions Male victim						
Attitudes supportive of sexual assault			Pro-offending attitudes		Distorted attitudes about children and childrens' sexuality	Sexual entitlement	Adversarial sexual attitudes
ockdar abbadit					Distorted attitudes about own victims	Pro-rape attitudes	Sexual entitlement
					Justifications for sexual deviance	Child molester attitudes	Child abuse supportive beliefs Belief women are deceitful
ntimacy deficits	No relationships	Never married	Relationship problems	Single (never been married)	Emotional identification with children	Lack of lovers/intimate partners	Personal inadequacy
			Employment problems		Low self-esteem	Emotional identification with children	Emotional congruence with children
					Emotional Ioneliness	Hostility toward women	Grievance stance
					Under-assertiveness	General social rejection/loneliness	Emotional loneliness (lac of intimate relationships
					Personal distress	Lack of concern for others	
Self-regulation deficits	Index non-sex violence	Violent criminality	Violent non-sex offences	Age (18-34)	Locus of control	Impulsive acts	Lifestyle impulsiveness-impulsive
	Prior non-sex violence	Non-violent criminality	General criminality	Criminal appearances		Poor cognitive problem solving skills	unstable lifestyle Poor problem solving
	Age (18-24.9)	Psychopathy	Psychopathy			Negative emotionality/hostility	Poor emotional control
		Failure of conditional release	Impulsivity			o	

Domain	Subdomain	Meta-analytic Results		
		S= Empirically-supported P= Promising		
Sexual Interests	Sexual Preoccupation Intense impersonal sexual interests Sexual coping Diverse sexual outlets	<ul> <li>Sexual preoccupation (S)</li> <li>Multiple paraphilias (S)</li> <li>Sexualized coping (P)</li> </ul>		
	Offense-Related Sexual Interests  Sexual interest in prepubescent and pubescent children  Sexualized violence	<ul> <li>Sexual interest in children (S)</li> <li>Sexualized violence (P)</li> </ul>		
Distorted Attitudes	Victim Schema     Pro-offending schema about classes of potential victims( e.g., children or women)	<ul> <li>Pro-offending attitudes (S)</li> <li>Pro-child molestation attitudes (S)</li> <li>Pro-rape attitudes (S)</li> </ul>		
	Rights Schema  • Excessive sense of entitlement	Generic sexual offending attitudes (S)  Note that there was insufficient data to look at		
	Means Schema  Machiavellianism  Violent World schema	the predictiveness of more specific attitudes, although all three SRA categories coincided with at least one of the broader categories used in the meta-analyses		
Relational Style	Inadequate Relational Style     Dysfunctional self-esteem (inadequate or narcissistic)     Emotional congruence with children	Emotional congruence with children (S)     Painfully low self-esteem was found consistently predictive in the UK, but not in other jurisdictions     Narcissistic self-esteem hasn't been examined in recidivism studies		
	Lack of Emotionally Intimate Adult Relationships  Lack of sustained marital type relationships  Relationships marred by violence/infidelity	<ul> <li>Lack of sustained marital type relationships (S)</li> <li>Marital relationships marred by repeated violence/infidelity (S)</li> </ul>		
	Aggressive Relational Style     Callousness     Grievance Thinking	<ul><li>Callousness (P)</li><li>Grievance thinking (S)</li></ul>		
Self-Management	Social Deviance     Early onset and pervasive resistance to rules and supervision     Lifestyle impulsiveness	<ul> <li>Childhood behavior problems (S)</li> <li>Juvenile delinquency (S)</li> <li>Non-sexual offenses (S)</li> <li>Non-compliance with supervision (S)</li> <li>Violation of conditional release (S)</li> <li>Antisocial personality disorder (S)</li> <li>Impulsivity/recklessness (S)</li> <li>Employment instability (S)</li> </ul>		
	Dysfunctional Coping in response to stress/problems  Poor problem-solving  Poor emotional control	Poor Coping (externalizing) (P)  (Thornton, 2013)		

## Theoretical understanding of the causal processes that give rise to criminal actions

遠端因子 (Distal factors)

#### 發展因素

(Developmental factors)

- · 生理/心理虐待 (abuse)
- ·拒絕 (rejection)
- 依附關係問題 (attachment problems)

個人脆弱性(特質)因子 (vulnerability (Trait) factors)

#### 個人史標記

(Historical markers)

#### 静態因子

(static factors)

- · 導致性犯行持續 的心理-社會問 題(psychosocial problems),如: 未婚
- 犯罪/反社會個 人史(criminal / antisocial history)

心理上的既有特質

(Psychological dispositions)

#### 穩定動態因子

(stable dynamic factors)

- 性慾的自我調控能力 (sexual self-regulation)
- 支持(認同)犯罪行 爲的認知(offense supportive cognitions)
- 人際關係問題(level of interpersonal functioning)
- 普遍的自我調控問題 (general self-regulation problems)

狀態因子 (State factors)

#### 急性動態

(Acute dynamic)

- 生理上的亢奮 (physiological arousal)
- · 異常性思考與性幻想 (deviant thought and fantasies)
- · 親密關係的需求 (need for intimacy)
- +/-情緒狀態 (+/- ive affective states)

性侵害犯罪的風險(Level of Risk)



#### 觸發事件/情境因素

(Triggering events / Contextual risk factors) 例如:

- ·接近受害者 (victim access)
- ・與社會脫節 (social dislocation)
- 物質濫用 (substance abuse)
- ·關係上的衝突(relationship conflict)
- 反社會傾向的朋友 (anti-social peers)

性犯罪再犯風險的病因學模式(Aetiological Model of Risk)(Beech & Ward, 2004)

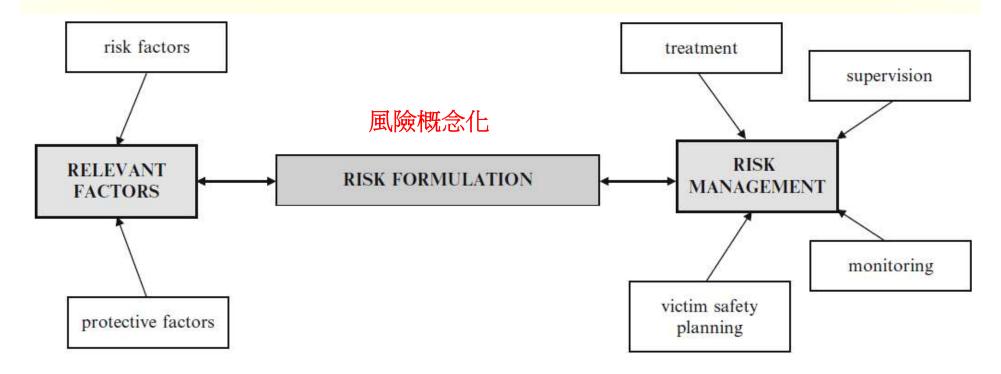
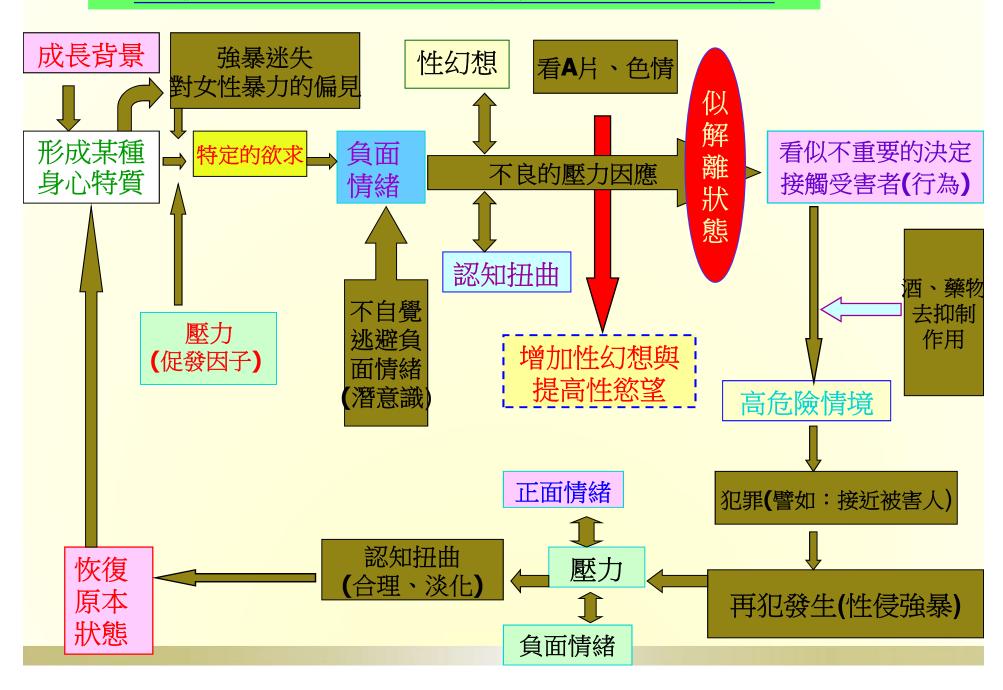


Fig. 4.1 Structured professional judgement in a nutshell

## 形成「人」的概念化

- \* 有一套自己「人」的知識
- \* 形成一個自己「人」的理論
- \*「時」「空」的帶進
- \* 「人」

### 性侵害再犯與路徑形成之理論架構



### Static-99/2002的風險評估五個向度

- (1) 異常性趣(deviant sexual interest)
  non-contact sexual offense, male victims, young/unrelated victims
  ever been married
- (2)與被害的關係(relationship to victims): any unrelated victim, stranger victim
- (3) 性犯罪持續程度(persistence of sexual offending) prior sentencing occasions for sexual offense any juvenile arrest for a sexual offense rate of sexual offending
- (4)一般的犯罪性(general criminality, antisociality)
  any prior involvement with criminal justice system
  prior sentencing occasion
  any community supervision violation
  years free prior to index sex offense
  any prior non-sexual violence
  - (5) 年輕(Young): age (at release) under 25 years of age

### 穩定動態危險因子量表

	穩定危險因素	各子題組得分	主要題項總得分
1. 不良的社會影響			
2. 親密關係缺失	(1)夫妻的親密缺失		
	(2)女朋友(愛人)的親密缺失		
3. 社會依附關係	(1)對孩童的情緒認同		
缺乏	(2)對女性的敵意		
3.00	(3)一般的社會排斥/孤獨		A
	(4)缺乏對他人的關心		
4. 性的自我規範	(1)性衝動/性幻想不斷	A Variety	
And the state of	(2)以「性」來處理負面情緒或壓力		
	(3)偏差的性嗜好	K MIN MINT	
5. 對性侵害的	(1)滿足性需求是一種權利	18 /3 / ARY	
態度	(2)強暴的態度(強暴迷失)		The second second
	(3)兒童性侵害的態度		APPLANT TO THE PARTY OF THE PAR
6. 對於監控的	(1)對觀護的配合	K A VIVA	
配合	(2)對治療的配合	The same of	
7. 個人自我規範	(1)衝動的行為	Cart in	
特質	(2)問題解決技巧的認知不良	32-	
	(3)負面的情緒性/敵意		
	(4)缺乏同理心		
	總分	=7個主要題項的分數加總	

急性動態危險因子量表

急性危險因素	沒有/ 完全不會	類別 可能/ 有一些	有	計分
1. 接近被害者的機會				
2. 情緒低落				A
3. 被性占有慾望/性幻想			1 Park	
4. 對他人的敵意				
5. 藥物或酒精的濫用				
6. 社會支持網絡減少				
7. 拒絕觀護或治療				
8. 特殊因素				
		總分=八個主要	P題項的分數加	總

#### 童年/求學偏差行為 1.攻擊暴力傾向 2.霸凌同學(bully) 成長創傷經驗 缺乏安全依附關係 3.偷竊 1.性虐待經驗 1.缺乏家庭溫情照護 3. 逃學或翹家 2.肢體虐待經驗 2.過度溺愛家人照護 4.自傷(self harm) 3.情緒虐待/忽略 3.焦慮/衝突矛盾/逃避 5.無法與人正常相處 6.不性/困苦(misery) 童年偏差行為 缺乏安全依附 成長 創傷 成長發展事件 靜態危險因子 急性動態危險因子 穩定動態危險因子 異性交往史、婚姻 情緒崩潰、接觸害 犯罪的次數、首次 不良社會影響、親密 家庭互動關係、工 性侵害發生的年紀 關係缺失、社會關係 害機會、藥物濫用 困難、犯罪認知扭曲 作經驗 、性侵害對象 、性幻想 性侵再犯危險 四個性犯罪危險向度 決定性侵害再犯危險 程度

## 性侵害危險因子的(向度)結構

### \* Demographic

- + Crime type
- + Age group
- + Follow-up(追蹤年限)
- + Risk level

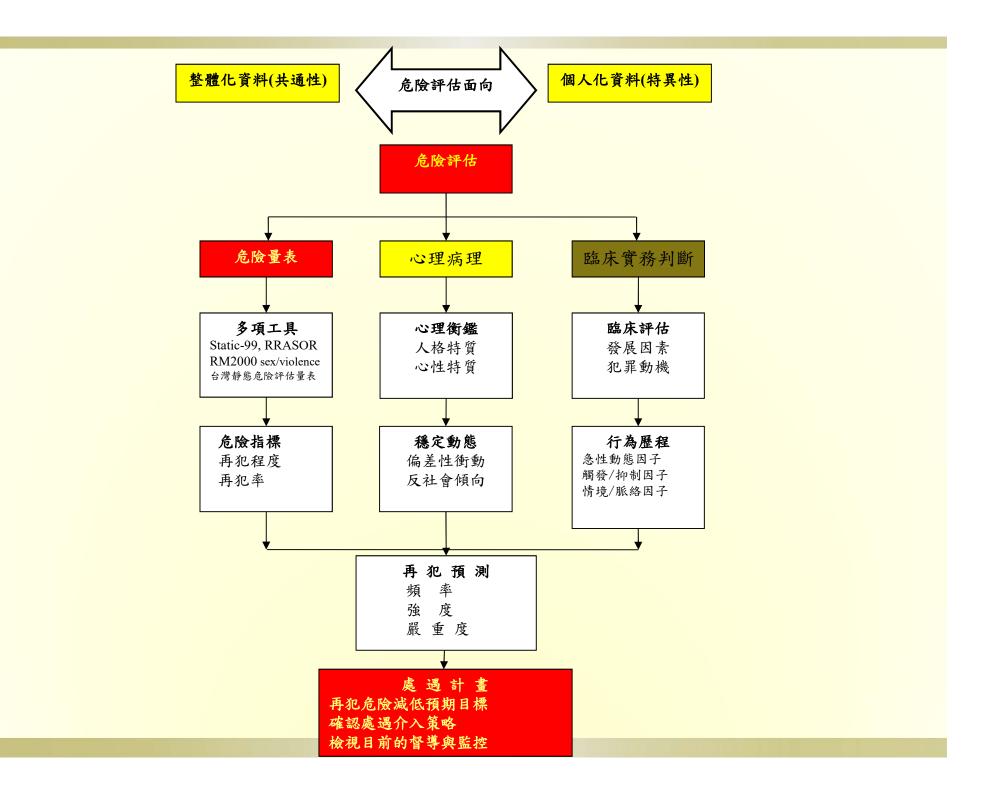
### Antisocial Tendency(Anti-sociality)

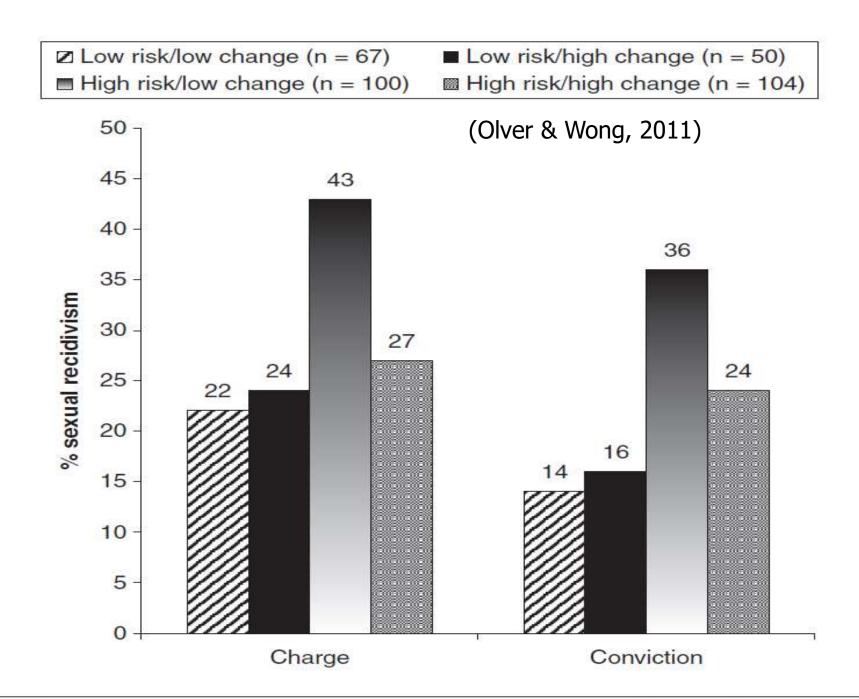
- + Crime Conviction
- + Impulsivity
- + Juvenile delinquency
- + Substance abuse
- + Violence

### 性侵害危險因子的(向度)結構

### Deviant Sexual Interest

- Sexual self-regulation
- Atypical sexual Interest(Preference)
  - (Male victim, child abuse)
  - Number of pre-sexual crime
  - Distant or non-existent personal with victim
- > Intensity of Sexuality
  - Degree of sexual interest and activity





Rates of Sexual Recidivism as a Function of Change and Actuarial Risk Level

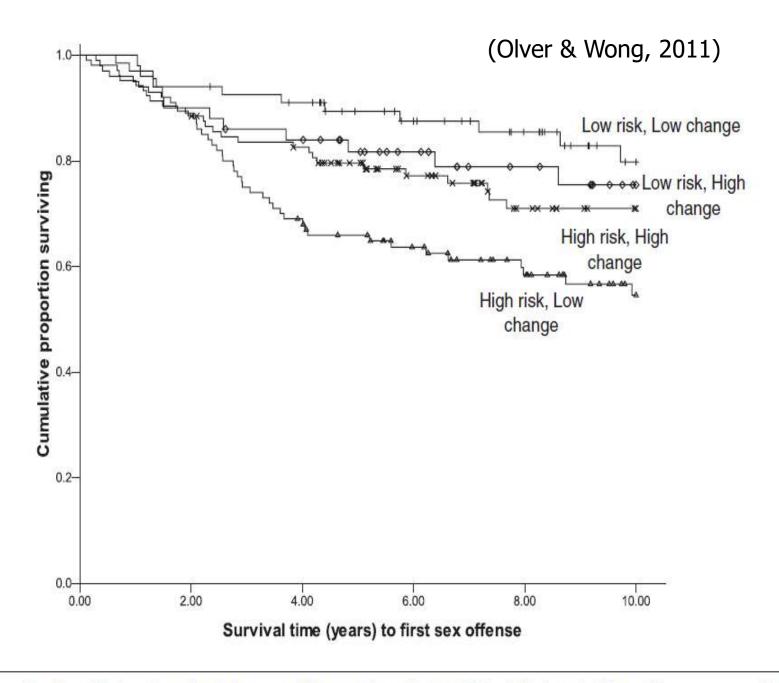


Figure 2: Kaplan-Meier Survival Curves Illustrating Sexual Recidivism Failure Rates as a Function of Treatment Change and Actuarial Risk Level

### 犯罪歷程路徑如何使用在治療中

- 1. 加害人的性侵基本背景
- Demographic
- \* Crime type Age group Follow-up(追蹤年限) Risk level
- 2.加害人目前的風險因素評估
- Antisocial Tendency(Anti-sociality)
- \* Crime Conviction Impulsivity Juvenile delinquency Substance abuse Violence
- Deviant Sexual Interest
  - Sexual self-regulation
  - Atypical sexual Interest(Preference)
    - (Male victim, child abuse)
    - Number of pre-sexual crime
    - Distant or non-existent personal with victim
  - > Intensity of Sexuality
    - Degree of sexual interest and activity
- 3. 治療師協助個案畫出其犯案路徑及循環圖(之前個案要先做功課)。

## 對性侵再犯路徑評估與治療(處遇)

- 1. 確實按前述步驟與原則做完整的心理病理評估
- 2. 案病理評估「概念化」出「個人」的性侵發生歷程
- 3. 依照病理評估設計治療計畫,治療開始就應針對每個個案 (person-oriented)之特殊性,設立治療目標及策略,以配合個別罪犯之需求。
- 4. 在整體及個別個案的處遇計劃中取得平衡。
- 5. 以危險及偏差行為程度進行合適的處遇長度及強度。
- 6. 執行治療與隨個案變化修正

## 治療目標與達到的標準

	治療目標與標準	<b>-2</b>	-1	0	+1	+2	計	分 說 明
臨床	1. 對性侵害的發生有罪惡感							
	2. 體悟(感受)性侵被害所受的身心衝擊							
目標	3. 對性侵被害者有同理心							
	4. 確認自己對性侵害行為負責任							
	5. 知道自己認知扭曲							≻Clinical targets
	6. 淡化性侵害犯罪後果							
	7. 瞭解生活形態與性侵害發生有動態關係							
	8. 瞭解性侵害犯罪循環(路徑)							
	9. 瞭解性侵再犯預防 (RP) 概念						ノ	
決意	10. 允諾揭露有關的個人資訊							
	11. 允諾拿與治療							<ul><li>Engagement targets</li></ul>
目標	12. 有改變行為的動機							
總體	I. 瞭解再犯相關的基模(再犯認知模式)							
治療	II. 能夠調節自己的情緒(情緒調節)							
範圍	III. 瞭解性侵發生前置事件(引發的事件)							
	IV. 好的正向生活方式策略(好生活計畫)							

## 為何中止犯罪?治療發生效果?

(Harris, 2014)

中止犯罪(Desistance): exhibit abstinence from offending last 3-6 years(crime-free)(Farrall, Hough, Maruna, &Sparks, 2011)

### \* Natural Desistance:

- 1.Biological perspective
- 2. Maturation and aging

### \* Cognitive Transformation:

- 1.Personal agency& cognitive transformation in life
- 2. Conscious decision and ability to change

### \* Informal Social Control:

- 1. Conformity and community investment
- 2. Negative reinforcement, retribution, deterrence

### 從病理化轉向:正向因子的重建

- \* 強調病理化只能達到一定的成效
- \* RP認知治療模式:「不犯罪」治療(標)目的
- \* 因此治療不斷的延長
- \* 監控的手段愈形嚴密(苛)
- \*整合正向因子的治療
- \* 全人的治療

## 保護因子的重要

Table 3. Incremental Validity of the Protective Strengths Index in Relation to Overall Risk.

	Model I: Risk/FIM			Model 2: Risk and protective strengths			
Recidivism type	β (SE)	Odds ratio	R <sup>2</sup>	β (SE)	Odds ratio	R <sup>2</sup>	
Sexual recidivism							
SRI + DNI	.10 (.05)	1.11		.04 (.06)	1.04		
FIM	.23 (.19)	1.26	.13	.08 (.22)	1.08		
PSI				33* (.15)	0.72	.30	
Violent recidivisn	n			5. 5.			
SRI + DNI	.03 (.04)	1.03		.01 (.04)	1.00		
FIM	.11 (.16)	0.89	.07	.20 (.17)	0.82		
PSI				21 (.11)	0.81	.14	
General recidivis	m						
SRI + DNI	.08* (.03)	1.09		.08** (.04)	1.09		
FIM	.23*(.11)	1.26	.14	.23* (.11)	1.26		
PSI	3. 6			01 (.09)	0.97	.25	

Note. R<sup>2</sup> = Nagelkerke; FIM = Favorable Impression Management; SRI = Static Risk Index; DNI = Dynamic Needs Index; PSI = Protective Strengths Index.

Miller, 2015

### 犯罪終止:理想的好生活

- 1.專業治療的協助(professional support)
- 2.社會網絡連結(Social network)
- 3.結構的團體活動(Structured group activity)
- 4.目標導向的生活(goal-directed living)
- 5.對終止犯罪有盼望與持續的態度(Hopeful and persistent attitude to desistance)

		Evidence	
Proposed protective domains	Healthy poles of risk factors	Desistance factors	General protective factors
I. Healthy sexual interests	Moderate intensity sexual drive Sexual preference for		Medication
	consenting adults Attitudes supportive of respectful and age- appropriate sexual relationships		
<ol><li>Capacity for emotional intimacy</li></ol>	Preference for emotional intimacy with adults		Empathy
	Capacity for lasting emotionally intimate relationships with adults		Secure attachment in childhood
	Trustful and forgiving orientation		Intimate relationship
	Positive attitudes toward women		
	Honest and respectful attitudes		
	Care and concern for others		
<ol><li>Constructive social and professional</li></ol>	Acceptance of rules and supervision	Treatment as turning point	Motivation for treatment
support network	Law-abiding social network	Place within a social group or network	Attitudes toward authority
	Honest and respectful attitudes		Professional care
	Empathy		Living circumstances Network
4. Goal-directed living	Self-control	Enhanced sense of personal agency	Self-control
		Stronger internal locus of control	Financial management Life goals
<ol><li>Good problem solving</li></ol>	Effective problem-solving skills		Intelligence
	Functional coping		Coping
6. Engaged in		Place within a social	Work
employment or constructive		group or network	Leisure activities
leisure activities	Self-control		Self-control
7. Sobriety	Sen-control		Professional care
			External control
8. Hopeful, optimistic		Find positive outcomes	Motivation for
and motivated		from negative events	treatment
attitude to desistance		Treatment as turning point	Medication

## 性犯罪治療的未來

- \*性犯罪的分類、評估治療
  - \* 分級:不同危險等級(Level of Risk)
  - \* 分類:1.犯罪類別(犯罪性 vs.性趣異常)
    - 2. Versatility vs. Specialization
  - \* 個別化的評估與治療
    - \* Risk Assessment
    - \* Criminogenic Need
    - \* Responsivity

## 未來處遇/治療建議

- Beyond Static and Dynamic Risk Factors:社區監督與社會復歸
- 治療模式的差異性與個別化
  - > One Size Doesn't fit All:「罐頭(CANNED)」Therapy
  - Person-Oriented Perspectives
- 身心治療與司法處遇的整合(如專業司法處遇機構的設立)
- 神經心理與心理社會因子的整合(生物、心理、社會的整合)